



**COMPLETE
WOMEN'S CARE**
A Division of Mid-Atlantic Women's Care, P.L.C.

UPDATED 03/18/2020 10:30am

Our primary goal at Complete Women's Care a division of Mid Atlantic Women's care is to assist in your overall health and well-being. Due to the current situation concerning COVID-19 the CDC recommends delaying non urgent medical visits.

This includes mammograms, bone density tests, well check annual exams, routine dental and eye exams. Please delay these types of visits at least 6weeks. Please limit any other unnecessary visits to places where people gather including salons, gyms, and shopping.

We are concerned for your overall health and safety. If you have questions, we are available to you via telephone.

*Please keep healthy and safe
Doctors and Staff of Complete Women's Care*

UPDATED 03/17/2020

Your safety is our top priority always and especially is these uncertain times concerning the coronavirus (COVID-19)

We want you to know that at MAWC we are closely monitoring and following the recommendations of the CDC (Center for Disease Control), ACOG (American College of Obstetrics and Gynecology), and VDH (Virginia Department of Health).

- In our offices we have evaluated our current infection control practices and are assured our sterilization of instruments and disinfection of our rooms are of the highest standards.
- We are preemptively screening patients for signs of illness and rescheduling as needed.
- We are decreasing risk of exposure by limiting visits to essential personnel.
- We are continuing our high-quality healthcare and environmental safety with adherence to hand hygiene and respiratory etiquette
- We have implemented mitigation to decrease COVID-19 transmission in our local community.

We value your trust in us.

If you have an upcoming an appointment with CWC.....

In an effort to minimize exposure to the Coronavirus / COVID19, and to protect our patients and staff, ONLY the patient will be allowed to enter our office. Please Note: We are allowing facetime and video/chat; this will allow family members to share in your appointment experience.

If you are experiencing a fever of 100.4 or greater, cough or flu like symptoms, DO NOT COME TO THE OFFICE FOR YOUR APPOINTMENT! Please call our office at 757-481-7222.

For the most up-to-date information regarding the Coronavirus / COVID-19 information we suggest:

Virginia Beach Health Department (757) 518-2700 <http://www.vdh.virginia.gov/virginia-beach/>

Chesapeake Health Department (757) 382-8600 <http://www.vdh.virginia.gov/chesapeake/>

Norfolk health Department 757-683-2800 <https://www.norfolk.gov/153/Public-Health>

CDC www.Coronavirus.gov <https://www.cdc.gov/>